Log on to a healthier lifestyle.

You are just a click away!

Health Education & Wellness (HEW) has a long history of providing quality health education in a face-to-face setting. Now, HEW has expanded its services to provide some of those same health education programs on the Internet through MyHEWOnline.

MyHEWOnline Programs

- Diabetes
- Heart Health
- Pregnancy
- Preventive Healthcare
- Stop Smoking
- Weight Management

Log on to a Healthier Lifestyle

Online learning has never been so easy. Discover a healthy lifestyle by navigating your way through health education modules and resources.
How to access *MyHEWOnline:*

2. Click on the “For HPN/SHL MEMBERS” tab at the top of the page.
3. Next, click on the “Online Learning Modules” link.

You should now be at the *MyHEWOnline* home page

4. If you already have an account for @YourService, type in your username and password and select “submit.”
5. If you do not have an account for @YourService, click the “Create an @YourService account” link and follow the instructions listed.

For more information, contact the Health Education and Wellness Division at (702) 877-5356 or (800) 720-7253.